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Thursday, July 21, 2011
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CAVE GOING GLOBAL
BOXER EAGER TO
RAISE HIS PROFILE IN
OVERSEAS BOUT {page 19}

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MACKAY INSISTS {page 3}



PRIDE
YOUR GUIDE TO
THIS WEEKEND,
AND MORE {pages 17 & 18}



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News worth sharing.



Cirque. du Soleil

► Isabelle Vaudelle performs an aerial routine during the first night of Cirque du Soleil: Quidam at the Halifax Metro Centre yesterday. Performances continue through to Sunday. More coverage, pages 4 & 10.

DARRELL OAKE/FOR METRO

Centre cost to rise: Source

► It's unknown how much three levels of government are now being asked to give ► N.S., HRM previously agreed to kick in \$56M each



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The cost of the proposed downtown convention centre is going up.

Metro Halifax has learned the province has received updated costs for the project, previously estimated at \$159 million.

How far north the price tag has crept isn't known, but it could be in the millions.

The governing NDP is neither confirming nor denying it has the new numbers.

"I've got nothing to report," Shawn Fuller, Premier Darrell Dexter's director of communications, said yesterday.

"We don't have public discussions on ongoing negotiations."

Developer Joe Ramia guaranteed the \$159-million cost until Jan. 15. It was hoped the federal,



CONTRIBUTED

► The proposed convention centre.

Federal request

► With the original price of \$159 million, the feds were asked to contribute \$47 million.

here's the price we gave you and ... here's the price today."

He declined comment on the matter yesterday.

Transportation and Infrastructure Renewal spokeswoman Cathy MacIsaac also refused to comment.

MacIsaac couldn't say if any new numbers had been forwarded to the federal and municipal governments.

If they have been, it's news to Defence Minister Peter MacKay.

"I haven't seen any new numbers from the developer," he said yesterday.

"(But) I'll put it this way: We're down to the short strokes."

Quidam swings into town

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Old Spices

Waiting game begins for shipbuilding deal

► Decision on winning bids expected in fall ► Contracts will bring stability to the boom-and-bust industry, Peter MacKay says



RYAN TAPLIN/METRO

► Peter MacKay says he will not be lobbying on behalf of the Irving bid for lucrative federal shipbuilding contracts, though he says everybody knows where he comes from and what his preference would be.



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Even after aggressive lobbying from regional representatives, the contest for \$35 billion worth of shipbuilding contracts remains impartial, Defence Minister Peter MacKay insists.

"Despite the best efforts of some regional advocates, provincially and municipally, to trumpet what their favourite bid might be ... the reality is this: The final decision rests in the independent hands of the shipbuilding secretariat," MacKay told Metro yesterday.

terday.

Bidding closes today on the National Shipbuilding Procurement Shipbuilding Strategy, with three players competing for the contracts.

Nova Scotia's Irving Shipbuilding, British Columbia's Seaway Marine and Industrial and a joint venture between Quebec's Davie Yards and five Ontario-based companies are in the running.

Notwithstanding the stated desires of the federal government, the bidding process has been overtly political.

Nova Scotia Premier

Darrell Dexter and Christy Clark, the British Columbia premier, came out swinging, mounting PR campaigns for their respective yards. Dexter even earned a rebuke from MacKay's office after he suggested the defence minister was pulling for the Irvings.

MacKay said he has not been directly asked to lobby on behalf of the Irving bid, despite being one of the longest-standing and most prominent Nova Scotia MPs.

"Look, everybody knows where I come from and what my preference

Last-ditch bid

- Quebec's Davie Yard and its partners benefited from a two-week extension for bids.
- That extension gave Davie enough time to assemble the joint venture with five Ontario-based companies, along with South Korea's Daewoo and SNC-Lavalin.

would be," he said. "But I respect that this process has to give us the best shipbuilders. And it has to be done in a way that doesn't reek of political interference."

Wine, beer sales up, spirits down

Booze profits in the province rose by 1.7 per cent last year, according to year-end results released yesterday by the Nova Scotia Liquor Corporation.

The NSLC's net earnings from April 2010 through March 2011 was \$223.2 million, an increase of \$3.8 million over the year before. Total sales reached \$581.6 million, up by 0.4 per cent, but below projections.

Overall, wine sales climbed 5.2 per cent, and ready-to-drink products were up 0.1 per cent. Beer sales dropped one per cent, while spirit sales were down 0.2 per cent.

● METRO



RYAN TAPLIN/METRO

► Sales of beer were down last year.

Boat thefts on the rise

Police are warning owners of small boats in HRM to lock up. There have been 22 thefts this year of kayaks, canoes and other small craft. In most cases, the boats were not secured, police say. Police are also advising people to take down the serial number and take a picture of their boat to help identify it should it be recovered.

● METRO

1
news



Crash in value brings new scrutiny to Bitcoin's attempt at alternative online currency. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at
metronews.ca

Street artist uses recyclables to turn Montreal mall into a beautiful nature scene. Video at metronews.ca

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WHILE SUPPLIES LAST

Audience connection in Cirque show

► **Halifax Metro Centre one of the smallest stages to host show**



**RACHEL
WARD**

HALIFAX@METRONEWS.CA

You might recognize the imaginary world in Cirque du Soleil: Quidam.

It's a story of the escape of a young girl, Zoe, from her boring reality and apathetic parents. But the show connects on a personal level, says artistic director Fabrice Lemire.

"You can create your own story within the story as well," he said before last night's opening show in Halifax.

There are eight performances in total at the Metro Centre, running through Sunday.

Aided by feats of athleticism and acrobatics, Lemire said the audience will be connected immediately to Zoe's dilemma.

"All this direction that this young girl could go with herself or with her life, you know, which direction will she take?" he said.

Acts include aerial con-

Backstage Pass

► For story on a Cirque du Soleil skipper, see Jenna Conter's Backstage Pass column on page 10.

tortionists, skippers and a clown that uses audience participation.

"There's this rollercoaster of emotions from the joy of laughing with this gentlemen or the group act with the Banguine, which is a pure masterpiece of acrobatics and choreography," he said.

The 52-member cast is accompanied by a team of 98 support staff, including caterers, technicians and costume designers.

It takes 14 trucks to move the stage to each city, said Lemire, and the whole team to create the story of Quidam.

"I love the cast and I love the staff. That's what keeps me going every day."



► A woman from the audience takes a ride with artist Voki Kalfayan as he tries to romance her during last night's Cirque du Soleil: Quidam at the Metro Centre. The show runs through Sunday.

Buskers go into overtime

At next month's Halifax International Buskers Festival, the show doesn't stop at the waterfront.

After the last shows of the night end on Aug. 5, 6, 12 and 13, people can continue the excitement up on Argyle Street to take in more street performers from 9 p.m. to 11.

"Sound systems and fire shows will ensure that this street will rock with buskers," Kim Hendrickson, of the newly-formed

Festival info

► The festival, which is in its 25th year, runs from Aug. 4 to 14 with several locations on the Halifax waterfront hosting acts from 1 to 9 p.m.

Argyle Entertainment District, said in a release issued yesterday.

The over 30 acts include the likes of FlameOz and Galumph. ● METRO



► Flame Oz in performance.

Pride to host diverse musical lineup

Afro-samba, hip-hop and piano tunes will all be heard Saturday at Halifax Pride.

The complete lineup for its outdoor concert was announced yesterday and includes Halifax's Perpetual Detour, New York's Kid Akimbo, Toronto's She King and pianist Jeffery Straker.

The music begins at 4:50 p.m. on the Garrison Grounds.

The concert and festi-

Schedule

► The week-long Pride event continues tonight and includes the Military Ball at the Maritime Museum of the Atlantic at 7 p.m.

ties follow the popular Pride parade, which starts at 1:30 p.m. on Lower Water Street and ends at the Garrison Grounds at 3 p.m.

● METRO

Wineries awarded

Nova Scotia wineries received 26 awards at the All Canadian Wine Championships held recently in Windsor, Ont. Jost Vineyards and Gaspereau Vineyards both won multiple awards including double

gold, gold, silver and bronze prizes.

Also recognized was Domaine de Grand Pre, Annapolis Highlands Vineyards and Blomidon Estate Winery. ● METRO

Increased seating for U2 concert

Organizers of the U2 concert in Moncton are offering a couple of thousand more grandstand seating



► U2's Bono

for the July 30 show at Magentic Hill. THE CANADIAN PRESS

Inquiry adjourned

A preliminary inquiry for a man accused of second-degree murder in the death of Laura Lee Robertson has been adjourned until October. James Leroy Leopold, 31, was supposed to appear in Bridgewater provincial

court on Thursday for the start of a preliminary. Crown attorney Paul Scovil requested the adjournment yesterday because both sides have yet to see the medical examiner's report.

THE CANADIAN PRESS

Shanghai family discovers the beauty of good advice on Atlantic shore

While an eye for beauty is similar around the world, banking methods are very different in a new country, according to Quanhong Chen, who brought his family to Canada in 2009.

Drawn to Atlantic Canada's peaceful beauty, Mr. Chen and his wife Li – successful beauty professionals from Shanghai – soon realized the challenges of settling in a foreign land. Fortunately, they found solid financial advice, in their native language, to unveil their goal of homeownership by the sea.

By chance, during a tour of Halifax, the family's creative spirit was ignited when they stumbled upon a house that matched Mr. Chen's aesthetic ideal. "I always dreamed of a home with a view of water, trees and flowers," he recalls, describing the six-bedroom home on Bedford Basin that bore no comparison to their cramped Shanghai apartment.

But beauty seemed fleeting when their bank offered them unattractive mortgage terms due to their short Canadian credit history. On the suggestion of a friend, they visited Scotiabank where they were greeted by a Mandarin-speaking personal banking officer who explained all the details of home-buying in Canada.

"This was our first mortgage ever and we didn't know anything about the real estate market," says Mr. Chen. He notes that the Scotiabanker took the time to carefully explain the various mortgage options.

In fact, Scotiabank has earned considerable praise from immigrants for offering tailored services such as the **Scotiabank StartRight®** Program¹ for Newcomers, which includes a free day-to-day bank account for one year², a wide range of VISA® card options³ and a number of other customized services and benefits.

A year after moving into their seaside home, the Chens are very happy with the service they received from Scotiabank, and Mr. Chen also appreciates the good advice he received in his native tongue, "It was so important to have a banker from our own culture who could give suitable advice. A mortgage is a very serious decision and it's hard to talk about this topic in a new language."

Mr. Chen also advises other newcomers to seek quality counsel from a banker who understands their concerns, including the need for credit upon arrival to help cover high settlement costs.

Now the Chen family is busy, both enjoying and enhancing the local beauty, as operators of the Cantrust Salon in Clayton Park, Halifax. "While business and banking are different here, beauty is the same – we love the friendly people, and we feel positive about our future."

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The Scotiabank StartRight Program, created for Canadian Landed Immigrants from 0-3 years in Canada, International Students and Foreign Workers.
The Contest commences at 12:01 a.m. (ET) on April 1, 2011 and ends at 11:59 p.m. (ET) on March 31, 2012 (the "Contest Period"). No purchase is necessary. To enter this Contest, entrants must register online at startright.scbank.com/srcontest. There will be one (1) Grand Prize awarded consisting of a ten thousand dollar (CAD 10,000) cheque payable to the winner and deposited into the winner's Scotia PowerChequing® account. The Grand Prize winner will be randomly selected on April 2, 2012. There will be three (3) Secondary Prizes awarded, each consisting of a three thousand dollar (CAD 3,000) cheque payable to each winner and deposited into each winner's Scotia PowerChequing account. One (1) Secondary Prize winner will be randomly selected on each of the following dates – August 2, 2011; December 1, 2011; April 2, 2012. Entrants in each draw period that have not been selected as a winner will be entered into the subsequent draw. Chances of winning depend on the total number of eligible entries at each draw date. This Contest is open to residents of Canada that have reached the age of majority in their province or territory of residence by the start of the Contest Period. Employees of The Bank of Nova Scotia, Carlson Marketing, Capital C, Rapp (and persons domiciled with them and immediate relatives) are not eligible to enter. Only one entry per person is permitted. Correctly answering a skill-testing question is required to be officially declared a winner. For full Contest details, go to startright.scbank.com/srcontest.

Accused in wife's death fit to stand trial

A Nova Scotia man accused of fatally shooting his estranged wife in a grocery store parking lot before turning the gun on himself has been found fit to stand trial.

The Nova Scotia Review Board found Wayne Eisnor's cognitive abilities have improved to such an extent that he could participate in a trial.

A Justice Department spokesman says a judge will decide whether he accepts the review board's report.

Eisnor was charged with first-degree murder after Tina Mae Eisnor was shot in the head as she sat in a van in New Germany on June 30, 2010.

Back in court

Eisnor's case is scheduled to return to court on July 27 in provincial court in Bridgewater.

He was initially found unfit to stand trial last October because of mental impairment caused by a self-inflicted gunshot wound.

But the board reviewed the opinions of several physicians who evaluated Eisnor and found he may suffer from amnesia, but that it does not make him unfit.

THE CANADIAN PRESS

Residents wrestle gun from intruder

Police say two people in an apartment escaped injury as they wrestled a gun away from an intruder in central Halifax early yesterday.

Authorities say the two were playing a video game just after 1 a.m. in an apartment in the 3600 block of Windsor Street when a male with a firearm came in through an open patio door.

But the intruder got caught up in the doorway and the occupants were able to take the gun away.

Police say the intruder yelled out to another suspect before fleeing on foot.

THE CANADIAN PRESS



Kickin' it with cops

Dalhousie Tigers men's, women's soccer teams helped

"I'm having fun because I love playing soccer and when I get older maybe I'll be a professional."

KEAUNA CROMWELL, 11

Shortly after scoring a game-winning goal, Alexis Rousseau poured an entire bottle of water over her head.

The 12-year-old was one of 25 kids who played soccer at Harbourview Elementary School in Dartmouth yesterday as a part of Sports Pals, a one-day soccer camp for youth in the area hosted by the Halifax Regional Police.

"It's so hot out, but I'm having fun because I won," said Rousseau before running back onto the field.

The brainchild of Const. Dwight Hennigar, this is

said Hennigar, sporting a Sports Pals T-shirt.

The kids, aged nine to 12, took part in a skills session in the morning, then played a "world cup" soccer tournament and ate lunch with about seven police officers.

"The cops are interesting ... because they tell you good stuff and they help you out with soccer," said 11-year-old Tionna Reddick.

The children were selected by the community response officers that work at Scotia Court and in north end Dartmouth.

ALY THOMSON

News in brief

Truro man accused in assault appears in court

A 30-year-old Truro man will undergo a five-day assessment to determine whether he is mentally fit to stand trial on a

number of charges, including aggravated assault. Charles Derrick Lombard appeared in court yesterday after a 41-year-old woman was attacked with a golf club.

THE CANADIAN PRESS

Charges laid in year-long crime investigation

A Enfield man is facing

17 counts of possession of proceeds of crime after a year-long investigation.

RCMP say 59-year-old Kenneth Pittman also faces a charge of money laundering.

Investigators have seized more than \$100,000 in assets, including a vintage 1969 Corvette, other vehicles and some cash.

THE CANADIAN PRESS

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Saturday, July 23 • 10am - 4pm
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Crisis in Somalia worsening

► Worst food security crisis in 20 years: UN ► In some areas, six people are dying every day

Tens of thousands of Somalis are feared dead in the world's worst famine in a generation, the United Nations said yesterday, and the U.S. said it will allow \$28 million in emergency funds to be spent in areas controlled by al-Qaida-linked militants as long as the fighters do not interfere with aid distributions.

Exhausted, rail-thin women are stumbling into refugee camps in Kenya and Ethiopia with dead babies and bleeding feet, having left weaker family members behind.

The crisis is the worst since 1991-92, when hundreds of thousands of Somalis starved to death, said Mark Bowden, the UN's official in charge of humanitarian aid in Somalia. That famine prompted intervention by an international peacekeeping force, but it eventually pulled out after two American Black Hawk

Dangerous land

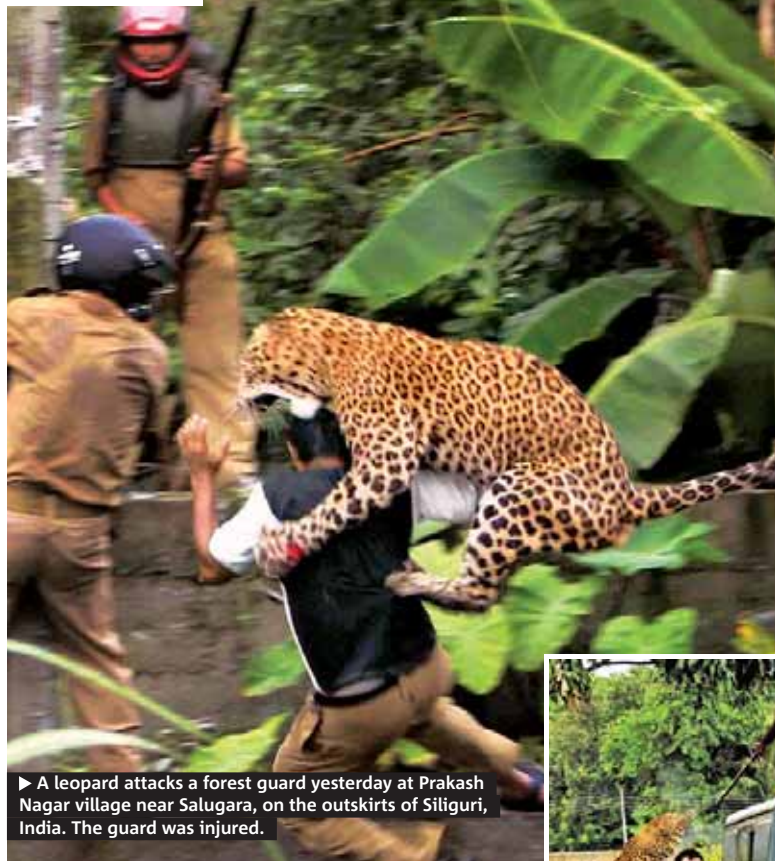
- Somalia is the most dangerous country in the world to work in, according to the UN's World Food Program, which has lost 14 relief workers in the past few years.
- Kidnappings, killings and attacks on aid convoys occur frequently.
- Two years ago WFP pulled out of Islamist-controlled southern Somalia after the rebels demanded cash payments.

helicopters were shot down in 1993.

Since then, Western nations have mainly sought to contain the threat of terrorism from Somalia — an anarchic nation where the weak government battles Islamic militants on land and pirates hijack ships for millions of dollars at sea.

THE ASSOCIATED PRESS

Wild. Beast



► A leopard attacks a forest guard yesterday at Prakash Nagar village near Salugara, on the outskirts of Siliguri, India. The guard was injured.

THE ASSOCIATED PRESS

Leopard battles village

A leopard that mauled 11 people in a fierce showdown with Indian villagers died of knife wounds after being captured yesterday. Villagers used knives, stones and batons to beat back the snarling, leaping cat. The people are recovering from their injuries, mostly swipes from the cat's claws. Leopards are protected in India though more are straying into villages for food.



Fugitive in Canada ordered released

His deportation may be only days away and an immigration board official agrees Lai Changxing is a flight risk who likely consorted with criminals, but the Chinese fugitive has been ordered released in Vancouver.

Still, Lai's freedom may be short-lived as the Federal Court of Canada hears an application to stay his deportation order today. If turned down, Lai could be on a plane back to China as early as next week.

Lai is wanted in China on allegations he was the kingpin in a massive smuggling operation that siphoned millions from the government.

THE CANADIAN PRESS

Earthquake rocks Central Asia

A magnitude-6.1 quake killed at least 14 people in a heavily populated valley in Central Asia yesterday, emergency officials said.

Almost all the casualties were in Uzbekistan, where officials confirmed 13 deaths. THE ASSOCIATED PRESS

News in brief

Citizenship 'not for sale': Kenney

FRAUD. The federal government intends to revoke the citizenship of at least 1,800 people who allegedly used fraudulent means to become Canadians.

Immigration Minister Jason Kenney says most of the targeted individuals were counselled by unscrupulous immigration consultants on how to concoct fake proof of residency.

To become a citizen, a

person is supposed to have lived in Canada for three out of four years. Canada has successfully revoked citizenship status from only 66 people. THE CANADIAN PRESS

Hurricane Dora stays offshore

STORM. Hurricane Dora rapidly grew into a Category 4 storm off Mexico's Pacific coast yesterday, keeping out to sea and threatening coastal areas only with rain and tropical storm-strength winds. The U.S. National Hurricane Center in Miami said the storm's top sustained winds reached 215 km/h. THE ASSOCIATED PRESS

Tardy funds held back projects: Report

Dozens of tourism projects across the country were delayed and got stuck with hefty bills because a key federal program was slow getting cash to them, according to an assessment done for Industry Canada and obtained under the Access to Information Act.

The so-called Marquee Tourism Events Program, a \$100-million fund set up in 2009 as part of the Harper government's recession-fighting strategy, doled out money too late for about half the projects it funded. THE CANADIAN PRESS

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► Jim Dees, the B777 fleet captain at American Airlines smiles after looking over the cockpit of the new Boeing 787 Dreamliner during a tour at Dallas-Fort Worth International airport yesterday.

U.S. airline to rejuvenate fleet

- Order includes Airbus A320 and Boeings 737 jets
- Pressure on airlines to upgrade craft: Analysts

American Airlines is buying at least 460 new planes over the next five years from Airbus and Boeing in a record order that breaks Boeing's exclusive grip on American's fleet.

American said yesterday it will buy 260 planes from Airbus, 200 from rival Boeing Co., and perhaps hundreds more. It expects the new jets to provide savings in fuel costs. American's

460

American Airlines is buying a record order of 460 new planes from Airbus and Boeing.

current fleet is among the least fuel-efficient.

The deal is a major boost for Airbus, which hadn't won an order from Ameri-

can since the 1980s. Boeing did salvage one of its biggest sales ever.

The jets carry a sticker price of more than \$38 billion US, although big airlines often get discounts.

Gerard Arpey, the chairman and CEO of American's parent, AMR Corp., called it "a watershed event certainly for our company and indeed for the airline industry." **THE ASSOCIATED PRESS**

Baird sees China as potential friend: Baird

Foreign Affairs Minister John Baird says Canada-China relations are warming and can be further improved by face-to-face dialogue.

Baird finished a four-day trip to China yesterday after meetings with senior government officials and business leaders.

In a conference call from Shanghai, Baird said relations between the two countries have entered a new era in recent years and he wants to build on that.

Chinese relations cooled in the early years of Prime Minister Stephen Harper's government. A Harper meeting with the Dalai Lama in 2007 irked Chinese authorities, who routinely revile the Tibetan spiritual leader as a separatist who wants to split Tibet from China.



► Foreign Affairs Minister John Baird





The Canada-China relationship improved after the prime minister visited Beijing in 2009.

Now, Baird said, China is a strategic partner in the fields of energy, natural resources and international affairs and the two countries can both benefit from closer and deeper ties.

While there are differences of opinion on issues such as human rights, Baird said it's better to discuss things face-to-face than to stand back and preach.

THE CANADIAN PRESS

Market moment

TSX	Dollar
	
+ 7.91 (13,340.83)	+ 0.38¢ (105.55¢ US)
Oil	Natural gas
	
+ \$0.64 (\$98.14 US)	1,000 cu ft \$4.47 US (- 4.2 ¢)
	Gold contract \$1,596.90 US (- \$4.20)

Canadians pull back on buying

Canadians are putting off summer vacations and big purchases, and are reining in budgets to better handle higher gas and food prices and reduce debts, according to the Royal Bank's Canadian Consumer Outlook Index.

Gas prices rose 29.5 per cent and food prices grew 4.2 per cent in May alone.

"When people look at their overall spending capacity and they're made aware of the fact that they have to put some more in to the basics and they have

to pull back somewhere..." said RBC chief economist Craig Wright.

RBC said 55 per cent of the 4,008 Canadians polled are doing comparison shopping for food, 48 per cent are cutting back on impulse buys, and 30 per cent are likely to delay vacation plans until 2012.

THE CANADIAN PRESS

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Consulting Position - Remedy Energy Services Inc.

Remedy Energy Services Inc. is a long standing Engineering and Consulting company based in Calgary Alberta. Remedy currently has need for experienced Well Site Supervisors for various corehole projects in Western Canada.

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Interviews will take place in the Moncton area, in the first two weeks of August.

CONTACT INFORMATION

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WE INTERRUPT THIS BROADCAST TO APOLOGIZE

HE SAYS ...

JOHN MAZEROLLE
METRO



over us.

Unless I missed a memo, we in the media (especially TV) are supposed to breathlessly cover this as a burgeoning health crisis. It's just the way things are done. Where are the slow-motion close-ups of a suspicious-looking skeeter? The catchy title like Mosquitopocalypse? The news anchor solemnly asking, "How worried should we be?" as if worrying would be useful.

I've been noticing the calm, level-headed way the media has reported the West Nile virus this summer, and I'd just like to say I'm sorry.

I don't know what's come

"The coverage has been a reasonable reflection of reality. So, again, I apologize."

IC. This was the time-proven journalistic method used with Mad Cow, SARS and H1N1. I guess West Nile's been around long enough that people are getting all "rational." Well, I can't let that happen.

Because if it did, we in the media would be stuck writing about softwood lumber or debt ceilings or, God help me, Brad Pitt. If I have to write one more word about a Beckham baby or the latest crop of orphans that Brangelina are scooping up with a backhoe, I may scream.

And you, gentle reader? You'd be forced to read it. So keep in mind we are doing you a favour when we warn you about:

West Nile and You: Partners in Death — a Q&A you and your family need to read (if you love them).

Q: How can I tell if West Nile is in my area?

A: Many wild birds spread the virus, and their deaths are a good harbinger of the disease, which leads to this easy-to-remember West Nile saying: See a live bird? Kill it. See a dead bird? Panic.

Q: What if I get it?

A: Symptoms often include headache, body aches and skin rash. If you come down with any of these symptoms, kiss a crow and see if it dies.

Q: Anything else I can do?

A: Go about your daily routine, but remain vigilant. Ask your political leaders to establish mosquito no-fly zones. Watch for large swarms flying in a skull-and-crossbones formation. Wear burqas or Stormtrooper costumes. Reassure your children by showing them films where humans reign victorious over insects, such as Arachnophobia and Them! Pray daily.

Q: How worried should I be?

A: We'll tell you exactly how worried, right after this.

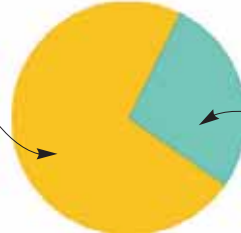
Read more of John Mazerolle's columns at metronews.ca/hesays



Register at metropolitanpanel.ca and take the quick poll

Should divorcing couples have to attend an information session on alternatives before going to court?

72%
YES, LET'S
SAVE THE
COURTS FOR
CRIMINALS



27%
NO, IT JUST ADDS
ANOTHER STEP

Worth Mentioning

TERRORISM. An al-Qaida affiliate says it plans to roll out what some have called a Disney-like animated cartoon aimed at recruiting children to the terror network.

Scenes from the proposed short film show young boys dressed in battle fatigues and participating in raids, killings and terror plots. It is the latest attempt by the terror organization to use multimedia to draw in potential recruits.

News of the animated film was announced by a group called Abu al-Laith al-Yemen on the Arabic-language al-Shamouk jihadist website, the London-based Quilliam Foundation reported yesterday. Quilliam, which was formed by former jihadists and now aims to stamp out extremism, said it appears the group is affiliated with al-Qaida in the Arabian Peninsula.

"It's a Disney-like film aimed at kids that tells stories of the Prophet, stories of holy wars and anti-Western propaganda," said Noman Benotman, a former jihadist with links to al-Qaida who is now an analyst at Quilliam.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Mastered your skinny jeans? Squeeze into this house

Think your house is small? Polish architect Jakub Szczesny has turned the popular notion of "size matters" on its head with his design of the world's skinniest house in Warsaw, Poland.

Located in an alleyway between an office tower from the 1960s and an apartment

building, the livable, four-storey house measures roughly 10 metres long and 1.5 metres wide.

The home is being built for Israeli

writer and filmmaker Etgar Keret, who will use the space primarily as his studio. Since Keret lives most of the time in Tel Aviv, there is talk of the house being used as an artist's residence when he's not occupying it, Szczesny told the Toronto Star.

TORSTAR NEWS SERVICE



►A rendering of what the house will look like.

2

scene

Hospitalized



A spokesman for R. Kelly says the R&B singer is in the hospital after emergency throat surgery. Kelly publicist Allan Mayer said yesterday that doctors drained an abscess on one of Kelly's tonsils and that the singer will be "laid up indefinitely."

THE ASSOCIATED PRESS



Despite fears, Chris Evans savors moment as Captain America: The First Avenger



► Japan's Norihisa Taguchi, left, in performance during Cirque du Soleil: Quidam.

Cirque du skippers

► Professional skippers few and far between ► Cirque du Soleil: Quidam runs this weekend

BACKSTAGE PASS

JENNA CONTER
METRO HALIFAX



The great escape from the world of monotonous routine has always been to run away to join the circus. Short of being mauled by a giant kitty, there is indeed a cer-

tain magical appeal. According to Norihisa Taguchi of Japan, he was happy with his 9 a.m. to 5 p.m. life as a web designer until a friend introduced him to the competitive world of skipping.

"I met my friend for some drinks on day and before we start drinking he asks if we should skip first," Taguchi said. "He showed me tapes from the world championships — I didn't know this was a sport let alone had world

Tickets

Where to get tickets

► **Website** Visit ticketatlantic.com for ticket and show times at Metro Centre.

championships."

There wasn't a lot of competition coming out of Japan and knowing he had concurred the basics of skipping as a child,

Taguchi gave in and ditched the desk and started swinging his rope.

He spent a year at a skipping camp in Europe, and by 2001 Taguchi competed in the World Championships in Korea.

"After the second year, my skipping friend sent me an email that the Cirque du Soleil was looking for new skipping acts," he said.

At the behest of his friend, Taguchi sent in a demo tape. Eight years lat-

er, Taguchi is part of the skipping troupe for Cirque du Soleil: Quidam, taking place at the Metro Centre through Sunday. Thanks to Cirque, Taguchi is one of the first professional skippers in Japan, a feat far simpler than explaining to his traditional parents that he wanted to quit his job to join the circus.

"But once I told them I got a contract with Cirque du Soleil, they started bragging about their son being in the circus."

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Comic-Con the real thing

► A sneak peek at the annual pop culture mega-gathering ► Metro runs down who will be attending



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METRO WORLD NEWS IN LOS ANGELES

Comic-Con, the annual mecca of pop culture, returns to San Diego this weekend, with more than 130,000 fans and fanatics flooding the city to celebrate the comics, movies, TV shows and stars they love. What's surprising folks this year, though, is who won't be there: Despite releases slated next year for two of the world's biggest superheroes, Batman and Superman, there won't be panels for the Dark Knight Rises or the Man of Steel.

And as for Marvel Entertainment's hero-packed the Avengers, while Captain America (Chris Evans) and the movie's director, Joss Whedon, will be in attendance for other reasons, the studio insists there's nothing planned for the star-studded 2012 summer tent-pole. (The superhero team-up stars Evans, Robert Downey Jr., Mark Ruffalo, Scarlett Johansson, Jeremy Renner, Samuel L. Jackson and Chris Hemsworth.)

Some studios and directors, including Warner Bros. and Disney, have claimed they'll be sitting out the convention altogether, suggesting the



► Months of work will be on display as Comic-Con attendees sport their costumes.

massive festival's power might be waning.

"It's getting harder and harder to stand out amid the din," director Andrew Stanton (next year's John Carter of Mars) told the

L.A. Times' Hero Complex blog recently.

But Morgan Spurlock, who is completing a documentary about the convention, isn't buying it.

"They say that every

year," Spurlock tells Metro. "It's one of those things like, 'No, we're not going to go this year, we're not going to go.' And then suddenly one studio jumps in and says yes, and the next

A first

Debating at Comic-Con

► **Movie** This year marks the first time a film has held its world premiere at Comic-Con, with *Cowboys & Aliens* debuting there.

thing you know two more climb on board. It's one of those where I don't buy into it."

But the big surprises at this year's convention are as much who is coming as who isn't. Mingling with the science-fiction and horror mainstays, prestige directors Steven Spielberg (the *Adventures of Tin Tin*), Stephen Soderbergh (*Haywire*) and Francis Ford Coppola (*Twixt*) will be heading to the massive Hall H to pitch their work to the Comic-Con masses.



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Alex's Nova Scotia

Hi, I'm Alex from Cheticamp. A smile comes standard with everything we have to offer this summer. I love the variety and talent you get at the Halifax International Busker Festival and the friendly vibe of the Alexander Keith's Natal Day Festival. You'll have an awesome time, whatever you choose to do, or wherever you choose to go. Get planning on novascotia.com now.

So when are you coming?

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Visit novascotia.com for a full list of festivals & events.

Alexander Keith's Natal Day Festival,
Halifax & Dartmouth, July 28 to August 1

Louisbourg Crab Festival,
Cape Breton Island, July 29 to 30

New Glasgow Riverfront Jubilee,
New Glasgow, July 29 to 31

Festival Acadien de Clare,
Clare, July 30 to August 15

Digby Scallop Days,
Digby, August 3 to 7

Halifax International Busker Festival,
Halifax, August 4 to 14

Celebrity tweets



Biggest changes in the last 10 years: My love affair with my Blackberry and Tivo. You?



@TomArnold

So if everyone in England is resigning because of phone hacking HOW FAR BEHIND ARE WE here in the US It has to be in the NEWS CORP culture



@h.winkler4real



@Pink

just tried 2do yoga class w/ a 6 wk old. even dressed her in buddha onesie thinking it'd keep her calm. wrong. so wrong. no dwnrwd dog 4 me



@CarrieFFisher

Though life is far from a bed of roses Thru which one lethargically loiters It nevertheless is more savory Than a bed comprised of goiters

Franco splits with longtime girlfriend

FRAZER HARRISON/GETTY IMAGES



► James Franco

James Franco and his longtime girlfriend, Ahna O'Reilly, have split up, the eclectic actor tells Playboy magazine.

"It's over. That lasted about four or five years," he says of the relationship, which he managed to keep

off the radar.

"We'd been living together in Los Angeles and then came to New York to go to school for two years. Then I signed up for more school at Yale. I think that was it for her."

• METRO

Was Anthony cheating on J.Lo?

► Sources tell magazine that split between couple was not 'amicable'

JASON KEMPIN/GETTY IMAGES

While Jennifer Lopez and Marc Anthony have announced that their split was "amicable," sources tell People magazine it was anything but.

The decision to separate reportedly came "after months of nonstop arguing," a source says, adding that Anthony feeling jealous about Lopez's American Idol success and Lopez fearing Anthony wasn't being faithful were factors.

"Though they love, admire and respect each other very much, they just needed to be apart," the source says.

• METRO



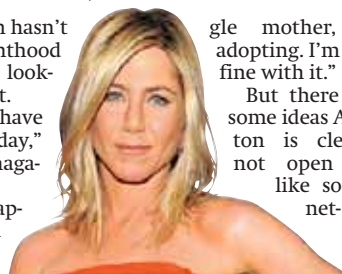
► Jennifer Lopez and Marc Anthony

Aniston on having kids one day: 'It'll happen'

Jennifer Aniston hasn't ruled out parenthood — in fact, she's looking forward to it.

"I'd love to have children one day," she tells Look magazine.

"And it'll happen. I am open to being a sin-



gle mother, to adopting. I'm just fine with it."

But there are some ideas Aniston is clearly not open to, like social-net-

working.

"You'll never see me on Twitter or anything like that, it's not for me," she says.

"I'm all about old traditional ways — phone calls and letters. Although I do internet surf and shop online. I love auctions."

• METRO

Simpson's not preggers

After stepping out for a business meeting in Beverly Hills in a body-hugging minidress, Jessica Simpson is shooting down rumours that she and fiancé Eric Johnson are expecting, according to Celebuzz. "This photo agency is full of malarkey," Simpson's publicist says of the company that first made the speculation. "She is not pregnant." • METRO

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JULY 14 - 24



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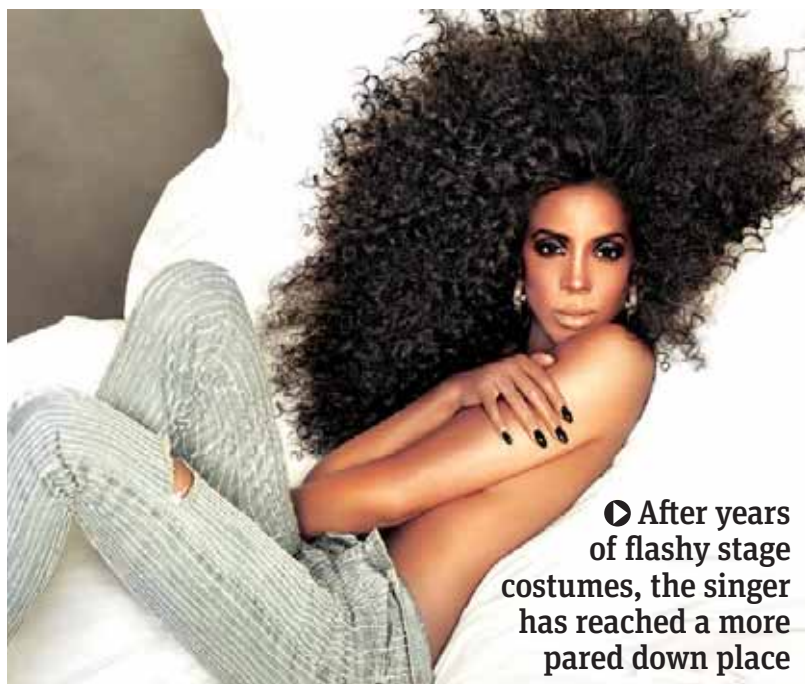
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► After years of flashy stage costumes, the singer has reached a more pared down place

Kelly Rowland stripped down

KENYA HUNT
LIFE@METRONWS.CA
METRO WORLD NEWS

Before she went solo, Kelly Rowland spent her career dressed in blingy, costumes designed to keep you entertained — shimmer, mermaid-like dresses with flesh revealing cut-outs or ripped, GI Jane-style army fatigues with camouflage Daisy Dukes or sexy versions of Cub Scout

uniforms with tight, midriff baring tops.

"I've never been afraid to take any risks," she admits over the phone from London, where she's promoting her new album, *Here I Am*, and preparing to join the UK X-Factor judging panel.

"My personal style has grown in a way where I know what works for me. You have to try different things out to get it right,"

she says of her evolution from her days as one-third of Destiny's Child.

"Before, I was about what's 'in' right now. But now, I buy to collect pieces that will be with me forever."

If the Texan's old wardrobe was all about constantly changing kinds of splash, its new incarnation is much more refined and focused, thanks to her habit of reading *Style.com*

KELLY'S STYLE ICONS

Halle Barry

"I love the fact that she always looks so effortless, like she just woke up in that dress looking beautiful.

She's always dressed so appropriately for her age — with some women it seems like they're reaching too much. But with Halle, she can wear a dress with her stomach out and it looks amazing because she has the body for it."



Jennifer Lopez

"She's just a siren who is smoking hot, period. I love her."



3

life

Trend of the week

E-COMMERCE

Just in time for fall shopping, luxury brands are rolling out e-commerce sites faster than you can say, "credit, please." Our vote for the most user-friendly shopping experience goes to Dolce & Gabbana for their slick magazine-style trend reports and shop the look features. Meanwhile, Balenciaga gets the most arty prize; the site will feature short movies created by visual artists.



Sporting Life is a give-and-take between high fashion and real function

A WASH I'LL
ACTUALLY DO



DOWNTOWN FABULOUS



Orange you looking nice today

- From the Paris couture runways to the business boardrooms, the 'orange' oldies seem to be ruling the world
► They may have it all (if fame and power are your bag) but eternal youth — well, that just ain't one of them!



► Valentino Garavani



► Giorgio Armani



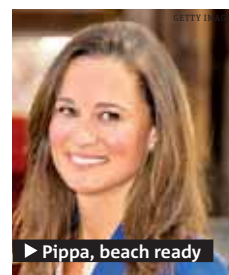
► Iggy Pop



► Tom Jones



► Silvio Berlusconi



► Pippa, beach ready

What's orange with a crazy bouffant and sings a catchy tune?

You'd probably say an "Oompa Loompa," but you'd be wrong. The correct answer is Tom Jones and a whole host of saffron-skinned friends.

But why

are all the old timers topping up their tan from a can?

Perhaps orange skin is a status symbol in

some circles. Or maybe, while everything else is fading — looks, hair and yes, sexual prowess — their face becomes that last bastion of virility.

We'll never know. But here are the fake tan's biggest fans.

The couturier glow

Valentino Garavani shows off his best impression of an Eighties don.

While Giorgio Armani with his leather-like complexion and nipple clinging tee looks like the kind of guy who'd spot you on a gym workout, no?

Rockhard and bronzed

These days the music world's most iconic gyrating, rock stars are more like singing raisins. Take a look at the radioactive glow emanating from Iggy Pop and Tom Jones. Yep, the one-time sex bombs may not be able to muster a body-pop but boy do their

faces add a colour pop worthy of the spring/summer '11 runways.

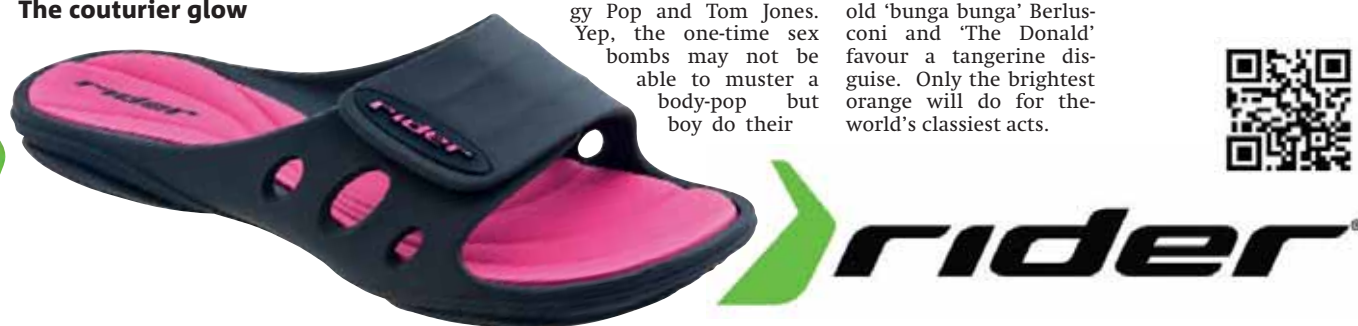
Businessmen bringing citrus back

These two have got plenty to be red in the face about. Perhaps that's why old 'bunga bunga' Berlusconi and 'The Donald' favour a tangerine disguise. Only the brightest orange will do for the world's classiest acts.

Middle-TAN

It's a wonder how the Middletons maintain their bronzy looks. It's definitely not from basking in the British sun. Nevertheless, since England's favorite family joined the Royal crowd, Pippa has taken the fake bake to another, higher sphere. Maybe it's a social status thing after all — nope, not.

● RICHARD PECKETT



Dress your buff beach body

- Think softer shapes and sleeveless ► Tips to show off the fantastic figure you've worked so hard to build

Fitting a fit frame isn't always easy.

While clothing designers and retailers have given more attention lately to finding solutions for their petite and plus-size customers, those women with an athletic build — who could be tall or short, more narrow or wide — have their own set of dressing challenges that certainly don't have a one-size-fits-all solution.

Working with many real women instead of only models on photo shoots,

Adam Glassman, O The Oprah Magazine's creative director, says he's noticed an increase in "the athletic type." He can't quite define it, but he says he knows it when he sees it.

"It isn't just about athletes," Glassman says. "It has nothing to do with height. You tend to have broad shoulders and a broad back, and your arms are naturally toned or you work out — the tummy is the same thing. Perhaps you have not a lot of curves with a straight waistline



► ADAM

and square hips, thighs muscular and built calves, and a smaller bust."

He adds: "You can have



► ADAM

all of that, two of the above, part of one. It ranges from gymnasts to swimmers."

"I think the fashion in-

"I think the fashion industry is stepping up to the plate in offering things for more sizes."

ADAM GLASSMAN, O THE OPRAH MAGAZINE'S CREATIVE DIRECTOR

dustry is stepping up to the plate in offering things for more sizes, but you still have to be willing to search," he says.

Most important, women — no matter size and shape — should be looking for clothes that are comfort-

able and flattering with an end goal of creating a lovely, feminine hourglass shape.

Athletic types often have the advantage of being taut and firm, he says, but that also can leave the impression of them being tough and tomboyish. He likes to see women soften their look with ruffles, ruching, flowing skirts such as a tulip shape, a top with a defined waist or a tie at the waist, and puffy sleeves — which are trendy right now.

THE ASSOCIATED PRESS

Grab hold of this hardware

► Revamp your home by adding unique hooks and one-of-a-kind door knobs to your furnishings

DESIGN CENTRE



KARL LOHNES
HOME@
METRONEWS.CA

Changing the hardware around

your place is a great way to add personality to a room, and is a quick and inexpensive way to be creative with furnishings.

A classic and simple white kitchen can date itself with 1970s brass handles, while a curlicue victorian dresser can look a bit fussy with cut crystal knobs.

Why not add some "new jewelry to that old suit"? Changing the hardware offers an instant update to your furnishings.

In the kitchen

Renters rejoice; updating the look of your kitchen is easy by investing in some new hardware for the cupboard doors and drawers.

Brushed stainless steel or shiny nickel knobs and pulls are the most popular.

It's also one of those upgrades you can take with you when you move (just keep the old hardware to replace when you are gone).

As most kitchens require quite a few, purchase

your knobs and pulls at the big-box or DIY stores; the prices are usually better than specialty shops and they will have the quantity you need in stock.

Want to add a custom look? Put knobs on doors and pulls on drawers. Match the style and finish.

Old furniture gets dazzled

Got an old dresser or cabinet that feels a bit dull? Restaining it very dark or painting it a bright colour can change the look, but adding some fun knobs will add some interest and update your relic for a few more years.

Handmade or painted knobs allow you to be creative and customize a boring piece of furniture.

Look in lifestyle stores that sell home and clothing for some unique hardware.

Woman's clothing store Anthropologie and home decor store Pier One are favourites of mine.

Bathroom pizzazz

Replacing standard towel bars and cabinet knobs in the bathroom can add a real punch of personality to a small space.

I like to buy four-five matching towels bars and install them above one another, about 12-18 inches apart.

The vertically stacked bars give a vertical element to a small bath and offer up



► Add some sparkle (Anthropologie)



► Opt for a classic look (Anthropologie)

valuable hanging space as if a ladder were leaning against the wall.

Check out the big box stores for multiple towel bars on sale.

In family bathrooms try installing several hooks at various heights to hold multiple family towels.

Choose a different brightly coloured towel for each family member and the wall will take on a fun, playful look.



► Get creative with your home's hardware.



► Hydrangea Hook, (Pier 1 imports)



► Add a splash of colour (Anthropologie)

Hook it up

Interestingly shaped antique hooks can be found at flea markets and cost just a few dollars each.

► Old hooks often have unique shapes and personalities of their own and can take on quite a modern look when spray-painted with a high gloss colour.

► Consider adding hooks behind doors for robes or under kitchen islands to hold tea towels or purses.

DISH DON'TS

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How To Load A Dishwasher, Part 2.

The most important thing to remember when loading a dishwasher is that for the cleaning cycle of the dishwasher to be successful you need the dishwasher to be able to circulate around the entire item.

Overcrowding is one of the most common problems when it comes to dirty dishes and unsatisfactory results.

Some people try and save money on soap; this is not an area where you should cut back.

Always use the manufacturer's recommended amount.

What you need to determine is what is the best soap for your dishwasher and for the type of water in your area.

Liquid and powder react differently based on the type of water.

The cutlery tray

Always put cutlery in the tray pointing up. This allows for maximum water circulation. Also it is important to mix up the cutlery. **NOTE:** Sharp knives should always be pointed downwards for safety.

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The cool side of ketchup

► Ever thought about making your own version of the condiment? ► Change it up with Spicy Peach Ketchup

There's a seasonal shift going on in the condiment firmament. Ketchup, a staple of many pantries, is catching up with the cool crowd as chefs seek new inspiration.

"It's a very exciting time to be making ketchup," says Scott Norton, who with Mark Ramadan founded the recently launched Sir Kensington's

Gourmet Ketchup.

Organic ketchup, spicy ketchup, gourmet ketchup, curry ketchup, all have blossomed in recent years, a development that James Oseland, editor-in-chief of *Saveur* magazine, has noted with approval. "Who doesn't love a good ketchup?" he points out.

MATTHEW MEAD/ THE ASSOCIATED PRESS



► Make your own ketchup. It can be stored for three weeks.

Scooping

Spicy Peach Ketchup

Preparation:

1 In a large and deep sauté pan over medium, heat oil. Add the onions and garlic; cook, stirring occasionally, until onions turn golden brown and caramelized, about 15 minutes. If they start to darken too much, add 15 ml (1 tbsp) of water.

2 Add peaches, red pepper flakes, allspice, cloves, adobo sauce, brown sugar, vinegar and salt. Cook, stirring occasionally, for 45 minutes.

3 Working in batches, transfer the mixture to blender and purée. Adjust seasoning with additional sugar, salt or vinegar. Transfer the mixture to a clean jar and refrigerate up to three weeks.

Homemade Tomato Ketchup

Preparation:

1 Using a small square of cheesecloth, tie pickling

spice into bundle with butchers twine or string. Set aside.

2 In a large and deep sauté pan over medium, heat oil. Add the onion and sauté until it is soft, 8 minutes. Add the tomatoes, garlic powder, cayenne, smoked paprika, mustard powder, Worcestershire sauce, brown sugar, cider vinegar, salt, pepper and

pickling spice sachet. Cook the mixture for 45 minutes.

3 Remove from heat and discard pickling spice sachet. Working in batches, transfer the mixture to blender and purée. Transfer the now finished ketchup to a clean jar and refrigerate for up to 3 weeks.

THE ASSOCIATED PRESS/ ALISON LADMAN

Ingredients:

Spicy Peach Ketchup

- 15 ml (1 tbsp) canola oil
- 2 medium yellow onions, sliced
- 2 cloves garlic, chopped
- 6 peaches, peeled; pitted
- 5 ml (1 tsp) pepper flakes
- 2 ml (1/2 tsp) ground allspice
- 1 ml (1/4 tsp) ground cloves
- 10 ml (2 tsp) adobo sauce
- 125 ml (1/2 cup) packed brown sugar (approx)
- 125 ml (1/2 cup) cider vinegar (approx)
- 5 ml (1 tsp) salt (approx)

Homemade Tomato Ketchup

- 30 ml (2 tbsp) pickling spice
- 15 ml (1 tbsp) canola oil
- 1 large sweet onion, sliced
- 2 cans (each 796 ml/28 oz) crushed tomatoes
- 5 ml (1 tsp) garlic powder
- 1 ml (1/4 tsp) cayenne
- 10 ml (2 tsp) paprika
- 10 ml (2 tsp) mustard powder
- 15 ml (1 tbsp) Worcestershire sauce
- 175 ml (3/4 cup) packed brown sugar
- 175 ml (3/4 cup) cider vinegar
- 10 ml (2 tsp) salt
- 2 ml (1/2 tsp) pepper

Weekly Cookbook



Entertaining just got easier with *Food for Family & Friends* (Ryland Peters & Small, 2011). The book offers inspiration to help you create the right ambience, more than 130 recipes, plus expert advice on choosing wine.

Filled with colourful images, the book is divided into sections such as Setting the Scene, Nibbles and Sharing Plates, Feeding a Crowd, Drinks, and more.

Among the recipes are: Pumpkin Soup with Honey and Sage, Spicy Pork Curry with Lemon Rice, Chocolate Truffles and much more.

Shine the spotlight on Canada's goods

► This Beef Sirloin Cheeseburger uses Canadian quality beef, smoked Canadian cheddar & back bacon

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Preparation:

1 In bowl, stir egg with breadcrumbs; add onion, cloves, allspice, salt and pepper. Mix in beef until combined. Shape into 4 patties each 1 cm (2 inches) thick. Make thumbprint depression in centre of each to prevent rounding while cooking.

2 Place on greased grill over medium-high heat;

close lid and cook, turning once, until digital instant-read thermometer inserted sideways into centre of each reads 71 C (160 F), about 10 minutes. Top each patty with cheese to melt.

3 Meanwhile, toast buns. Grill back bacon, turning once, until golden, about 1 minute. Assemble burgers by sandwiching slice of ba-

con, burger patty and some apple slaw in buns.

4 To make Crunchy Apple Slaw: In a bowl, toss together cabbage, apple, green onion (if using), mayonnaise, vinegar, sugar, salt and pepper. Makes 425 ml (1 3/4 cups).

THE CANADIAN PRESS/ BEEF INFO CENTRE

Ingredients:

Beef Sirloin Cheeseburger

- 1 egg
- 45 ml (3 tbsp) dry breadcrumbs
- 1/2 small onion, grated
- 1 ml (1/4 tsp) each ground clove, allspice, salt, -pepper

- 500 g (1 lb) lean ground beef sirloin
- 8 slices smoked cheddar cheese
- 4 hamburger buns
- 4 slices back bacon
- Crunchy Apple Slaw

Crunchy Apple Slaw

- 300 ml (1 1/4 cups) shredded

- green cabbage
- 175 ml (2/3 cup) julienned apple
- 1 green onion, sliced
- 45 ml (3 tbsp) light mayo
- 5 ml (1 tsp) white wine vinegar or cider vinegar
- Pinch each granulated sugar, salt and pepper

Your guide to HFX Pride

METRO'S PICKS FOR A PERFECT PRIDE

THE MILITARY BALL

▶ The Imperial Sovereign Court of Atlantic Nova Society presents the Military Ball at the Maritime Museum of the Atlantic. Proceeds are going to charities serving the region. Admission is \$10. Tonight, 7 p.m. to 11 p.m.



PRIDE SOCCER SCRIMMAGE ON THE COMMONS

▶ Get Out Halifax! is hosting a soccer game at Central Commons, across from Citadel High School. All skill levels are invited to take part in the event. Tonight, 6 p.m. For more information, visit Get Out Halifax's Facebook site.

THE YOUTH PROJECT'S CRAFT CARNIVAL AND FLOAT PREP DAY

▶ LGBTQ youth and their friends aged 25 and under are invited to 2281 Brunswick St. to help build props for their float in the parade. Snacks will be provided. Friday, 10 a.m. to 5 p.m.

HALIFAX PRIDE'S DANCING ON THE GROUNDS

▶ Pride weekend kicks off at the Garrison Grounds with music spun by local radio station Z103. \$5 admission at the gates; 19 and over only. Friday, 9 p.m. to midnight.



HALIFAX PRIDE FAMILY PICNIC

▶ Families across the region are invited to Dartmouth Commons to take part in the annual picnic. Sunday, 1 p.m. to 3 p.m.

For more information on these events, and a complete list of 2011 Halifax Pride activities, visit halifaxpride.com

Happy Pride!

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Our two sons became part of our family two years ago, when they were one and three years old.

As they are blood siblings, we could also say that we became part of their family at the ages of 36 and 40.

Becoming parents was something we always envisioned, and after a decade together we were ready — or at least thought we were.

We are grateful for the support of our families and friends, as well as the fantastic staff at the Nova Scotia Department of Community Services for helping us to make this happen.

It has been wonderful to



see our sons enjoy their relationships with their grandparents, aunts, uncles and cousins, as well as our friends and our

friends' children.

The arrival of the boys definitely shook things up! They are typical little boys — active, loud, adventur-

"As gay parents, we are kind of winging it — there weren't a lot of gay parenting role models in 1970s Nova Scotia."

ous, and so much more.

As a couple, we had always enjoyed exploring the globe and were unsure how this would fit in with our new family life.

We have discovered that travel with our boys is a lot of fun. They are awesome travellers (especially if there is a waterslide, beach or swimming pool at our destination) and they have opened up many new worlds for us.

It is liberating to see the world through the eyes of a child — we can be robots, dragons and superheroes, all in a single afternoon!

As gay parents, we are kind of winging it — there weren't a lot of gay parenting role models in 1970s Nova Scotia.

We've learned, however, that we have role models all around us.

All parents want the same things for their children — happiness, a sense of compassion and responsibility, a solid foundation for their future.

Everyday we feel lucky that we can share our lives with them. It has been an exciting (and challenging) adventure so far, and we are just getting started.



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Cave taking show on the road

- Halifax bantamweight hopes to raise international profile with Philippines bout
- Will face serious challenge in WBO's fifth-ranked bantamweight A.J. Banal on July 30



MATTHEW WUEST
@METRONEWS.CA

Tyson Cave is supremely confident he is one of the world's best boxers, and he is finally getting a chance to prove it.

The Halifax native, a well-known name in Nova Scotia boxing circles, is leaving Saturday for the fight of his life on July 30 in Lapu-Lapu City, Philippines.

Cave will face A.J. Banal, the World Boxing Organization's fifth-ranked bantamweight, in his hometown for the WBO's Asia-Pacific bantamweight crown.

"I've been waiting my whole life for this opportunity," said Cave, who is ranked 29th among super-bantamweights by the World Boxing Council.

"This is what I've been training for since I was 13 years old."

Cave has had little trouble cruising to a 15-1 record with five knockouts, posting 14 of those victories in Halifax. He called last month's win against Saturnino Nava little more than a "sparring session" and is facing a much greater challenge on July 30.

"This is a fight," Cave said. "I have a fight on my hands."

Banal, also a southpaw, has a devastating 24-1 record with 19 knockouts and is on a seven-fight winning streak.

Victory in the 12-round



► Halifax boxer Tyson Cave is hoping to raise his profile outside of the province.

bout would help put Cave on the map internationally and potentially move him toward a top-10 world ranking.

"People are gonna say, 'Why haven't we seen this guy before?'" said Cave's newest trainer, Karim Collett. "This is the spotlight he needs. When he goes there and puts on a show, a lot of people are going to be overwhelmed."

Some around Cave advised him against taking the Banal fight, but he wanted a tough opponent

"I wish it was tonight. I wish I had weighed in already and I wish I was eating my pre-meal for my fight and getting ready to rock 'n' roll."

TYSON CAVE, ON HIS JULY 30 BOUT WITH A.J. BANAL

and is eager to box away from home.

"It's good to get away," he said. "No friends, no family. Just the team, getting ready."

Banal is reportedly already looking ahead to the opportunity for a rematch with Rafael Concepcion, who dealt him his only loss

back in 2008.

Cave's camp wants to derail those plans.

"I don't think A.J. has seen anyone like Tyson," Collett said. "Speed, agility, experience — when you roll it all up into one, he's not seen anyone like him. It's just going to be an awesome fight."

Banal's resumé

of rankings

Banal is not only ranked fifth by the WBO, he's also ranked 10th by WBC, third by the International Boxing Federation and third by the World Boxing Association.

► Cave holds the WBC's Continental Americas super bantamweight title and is only ranked by the WBC.

4

sports

More sports

Nova Scotia Senior Baseball League-leading Dartmouth Moosehead Dry suffered its third straight loss last night in Kentville. The host Wildcats edged the Dry 5-4 with Les Berry knocking in three runs in the fifth inning. Colin Johnson had a triple, a single and two RBI in the loss. Dartmouth, 12-4, hosts the Halifax Pelham Molson Canadians tonight at 7:30 p.m. at Beazley Field.

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No vote yet for NFL players: Source

A person familiar with the NFL negotiations told The Associated Press that players would not vote yesterday on a deal to end the lockout.

The person said there remained work to do to finalize an agreement between owners and players. The person spoke to the AP on condition of anonymity because the process was supposed to remain confidential.

The NFL Players Association's executive committee and representatives of all 32 teams met yesterday in Washington, but some participants left in the afternoon after reviewing portions of a tentative deal.

It's possible players will vote today.

Early yesterday, NFLPA president Kevin Mawae cautioned not to assume the lockout will be over by the weekend, saying that his group was "not tied" to a deadline for getting a deal done in the next 24 hours.

"We want to go back to work," Mawae said outside NFLPA headquarters yesterday morning, "but we will not agree to a deal unless it's the best deal for the players."

If the four-month lockout is going to end in time to keep the pre-season completely intact, the players and owners almost certainly must ratify the deal by today.

The St. Louis Rams and Chicago Bears are scheduled to open the pre-season Aug. 7 in the Hall of Fame game.

THE ASSOCIATED PRESS

Who to watch for

► The PGA hits Vancouver this week with a field that's considered the Canadian Open's best in years ► Here's a look at some of the key players



DARRYL DYCK/THE CANADIAN PRESS

LUKE DONALD

The 33-year-old is fresh off crashing out of the British Open, failing to make the halfway cut. But he's still on top of the world, ranked No. 1 on the tour.



DARRYL DYCK/THE CANADIAN PRESS

MIKE WEIR

That Canada's greatest golfer has never won the Canadian Open is one of sport's great cruelties. Weir almost did it in 2004, and if you're not rooting for him to get there again you're a seriously cold human being.



MATT DUNHAM/THE ASSOCIATED PRESS

RICKIE FOWLER

With his bright Puma hats, shaggy hair and pretty boy look, the 22-year-old is like the Justin Bieber of professional golf.



DARRYL DYCK/THE CANADIAN PRESS

► Golfer Anthony Kim tees off during a championship pro-am event at the Canadian Open at the Shaughnessy Golf and Country Club in Vancouver yesterday.



DARRYL DYCK/THE CANADIAN PRESS

DAVID DUVAL

His flame flickered out long ago, but Duval, 39, keeps trying to find a spark. He was No. 1 in the world for 15 great weeks in 1999, and went on to win the 2001 British Open — but hasn't won since.



DARRYL DYCK/THE CANADIAN PRESS

JOHN DALY

Daly is easily the most entertaining force on the PGA Tour. From his cigars to clown pants, even if he doesn't win, Daly is a champion.



DARRYL DYCK/THE CANADIAN PRESS

JIM FURYK

The 41-year-old was the 2010 PGA Tour player of the year. And he has won the Canadian Open twice, in 2006 and '07. Expect him to vie for a third title this year.

TORSTAR NEWS SERVICE



► Williams and Woods

Woods fires his caddy

Tiger Woods and Steve Williams were together for 12 years and some 250 tournaments, a player-caddy relationship that produced 72 wins, 13 majors and a friendship so strong that each served in the other's wedding.

So when Woods announced on his website yesterday that he had fired Williams, it only deepened the mystery surrounding the world's former No. 1 golfer.

"I want to express my deepest gratitude to Stevie for all his help, but I think it's time for a change," Woods said.

Williams worked the last three tournaments for Adam Scott, including the U.S. Open and British Open, while Woods sat out with injuries to his left leg.

Williams said Woods told him they would no longer work together after the final round of the AT&T National on July 3. He said they agreed not to say anything until after the British Open, to keep from distracting Scott.

"Given the circumstances of the past 18 months working through Tiger's scandal, a new coach and with it a major swing change and Tiger battling through injuries, I am very disappointed to end our very successful partnership at this time," Williams said on his website.

Williams has been labelled a bully over the years while working for Woods amid a constant circus. At the 2002 Skins Game, he put a camera into the pond when a photographer snapped a picture in the middle of Woods' swing on the final hole. At the 2004 U.S. Open, he kicked the lens of a New York Daily News photographer, and took the camera away from a fan who turned out to be an off-duty policeman.

THE ASSOCIATED PRESS

News in brief

Tigers trade for Betemit

MLB. The Detroit Tigers have acquired veteran infielder Wilson Betemit from the Kansas City Royals for two class-A prospects. Betemit hit .281 in 57 games for the Royals.

THE ASSOCIATED PRESS

Shaughnessy worth the long trip for Donald

Over 7,600 kilometres and several time zones separate Sandwich, England, from Vancouver, but for Luke Donald the long journey was worth it to play a course like the Shaughnessy Golf and Country Club.

Donald, the world's No. 1-ranked golfer, failed to make the cut at last week's British Open, but says he's

"The lifestyle that we lead is a busy one. The worst part about it, and the most unglamorous side, is the travelling."

LUKE DONALD

excited about the challenge presented by this week's RBC Canadian open.

"It's a very good, classic golf course," Donald said yesterday after playing a Pro-Am event.

"It meanders through the trees. The rough is extremely thick, probably the thickest we played all year. I'd say it's even thicker than the U.S. Open. The greens are very small ... but the pre-

mium this week will be keeping it in play."

Masters champion Charl Schwartzel, Donald and defending champion Carl Pettersson will be in the field of 156 that tees off today in the first round of the tournament. They will be playing for a total prize purse of \$5.2 million US, with the winner taking home \$918,000. THE CANADIAN PRESS

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Tour de France hits its peak

► Edvald Boasson Hagen of Norway takes the 17th stage of cycling's premier race yesterday, the first of three days in the Alps

Four stages to go

Thomas Voeckler held on to the yellow jersey, but lost time after riding off the course on the final descent.

- Edvald Boasson Hagen completed 179 km across the Alps from Gap to the Italian town of Pinerolo in four hours 18 minutes.
- Victoria's Ryder Hesjedal finished 44th and sits 28th in the overall standings.

THE ASSOCIATED PRESS



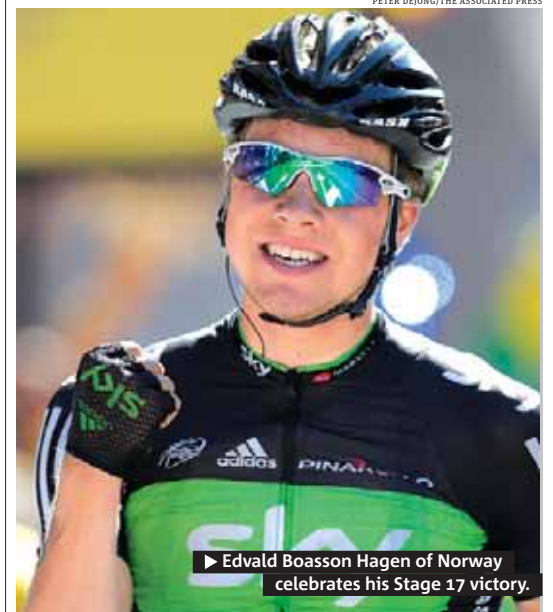
► The pack speeds downhill in the French Alps region yesterday.



► Riders climb toward Sestrières pass during the 17th stage.



► Thomas Voeckler of France nears the finish line in Pinerolo, Italy.



► Edvald Boasson Hagen of Norway celebrates his Stage 17 victory.

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- Nicole Scherzinger ft 50 Cent - Right There
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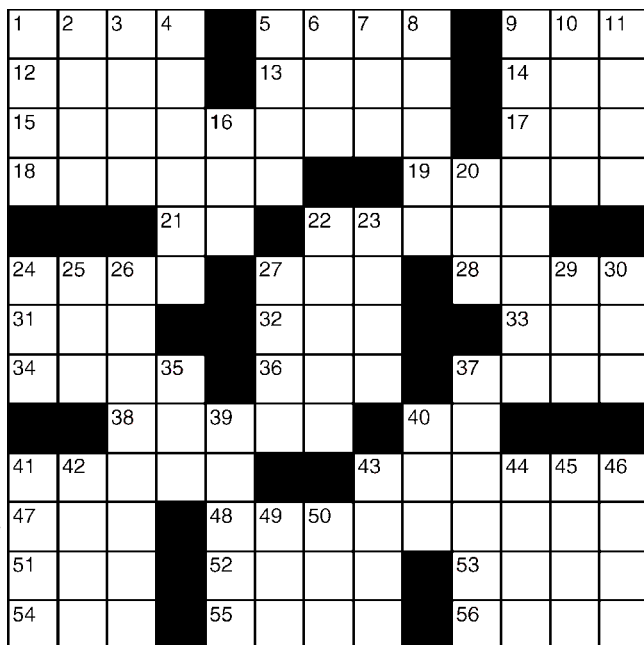
Crossword

Across

- 1 Macrame and origami
- 5 Spill the beans
- 9 Swine home
- 12 Old Italian money
- 13 Parks or Bonheur
- 14 Rage
- 15 "Animal House" event
- 17 Aviv preceder
- 18 Garb
- 19 "Monopoly" building
- 21 Therefore
- 22 "SNL" alumna Oteri
- 24 Bridge coup
- 27 Writer Buscaglia
- 28 Giant in a nightmare, maybe
- 31 Moray, for one
- 32 Under the weather
- 33 Towel designation
- 34 Post-bath application
- 36 Aviate
- 37 Halt
- 38 Wild West show
- 40 2009 Pixar movie
- 41 Backbone
- 43 Quiver contents
- 47 Funny guy
- 48 "Sleep well"
- 51 Potsdam pronoun
- 52 Sleeping
- 53 Merriment
- 54 Bumped into
- 55 Old letter opener?
- 56 Appear

Down

- 1 — Romeo
- 2 Urban disturbance



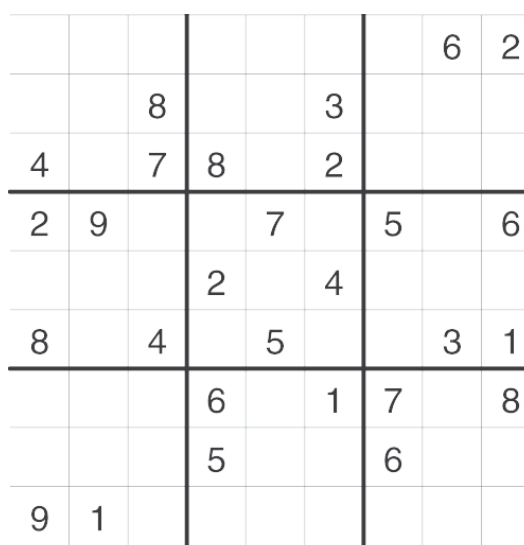
- 3 Horse's gait
- 4 Great cruelty
- 5 Cheese choice
- 6 Journal
- 7 Blond shade
- 8 Wash in a tub
- 9 Wait patiently
- 10 Genealogy chart
- 11 Holler
- 16 To and —
- 20 Acapulco gold
- 22 Yo-Yo Ma's instrument
- 23 Sacred
- 24 Collection
- 25 Meadow
- 26 Fine
- 27 Biography
- 29 Carnival city
- 30 Kreskin's claim
- 35 Inmate
- 37 Parsley servings
- 39 "La Toilette" painter
- 40 Coffee vessel
- 41 Take to the pool
- 42 Gait
- 43 Finds the sum
- 44 Look lustfully
- 45 Roller coaster cry
- 46 Goblet feature
- 49 Sapporo sash

50 — the ramparts ..."

Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

8	3	2	6	7	1	5	9	4
5	4	7	9	8	2	1	6	3
1	6	9	3	5	4	8	7	2
4	8	3	7	6	9	2	5	1
9	2	5	1	3	8	6	4	7
7	1	6	2	4	5	3	8	9
2	5	1	8	9	7	4	3	6
3	9	4	5	1	6	7	2	8
6	7	8	4	2	3	9	1	5

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Marilyn Leelen
It's been a number of years now but I haven't forgotten you. I still remember when we reconnected a few years ago but you didn't get back to me in time. If you want you can still reach me. **DAVID**

To the guy with all the parking tickets, I know that you are way out of my league, but I couldn't help but notice you today. You genuinely stood out from everyone else there. :) You had an awesome smile on top of everything else. You made my day a lot brighter, it was nice talking to you. Cheers and good luck with your business. **GIRL @ CITY HALL**

Blueberry, My day becomes happy because of you. Even when the world changes, I love only you, Oh my love, my heart always beats whenever I see you. I'll cherish only you. **MUFFIN**

Today's horoscope

♈ Aries March 21-April 20

Today, you don't have to use words to get your message across — your body language will be enough.

♉ **Taurus April 21-May 21** Any money worries you've had will fade today. You'll realize you were never as badly off as you feared.

♊ **Gemini May 22-June 21** You will be delighted when you discover a problem that's been worrying you has an easy solution.

♋ **Cancer June 22-July 22** You will be in a generous mood today and will do whatever you can to help those who've had misfortune.

♌ Leo July 23-Aug. 23

You have been operating below your best, so raise your sights and your game.

♍ **Virgo Aug. 24-Sept. 22** Important people will be watching you closely today, so make sure they like what they see.

♎ **Libra Sept. 23-Oct. 23** There is serious work to be done today and if you don't want to exhaust yourself you must use your Libra charm to get other people to help you.

♏ **Scorpio Oct. 24-Nov. 22** As usual, you have been worrying for no good reason but your mood will take a turn for the better today.

♐ Sagittarius Nov. 23-Dec. 21

If you feel a bit down just think back to all the good times you have enjoyed. You'll do so again.

♑ **Capricorn Dec. 22-Jan. 20** Ease back and don't worry so much about schedules and deadlines.

♒ **Aquarius Jan. 21-Feb. 18** Life is fun, so why make it a chore?

You will enjoy being the centre of attention today — and others will enjoy what you have to offer.

♓ **Pisces Feb. 19-March 20** Give family and loved ones your full and undivided attention. Business can wait until later. **SALLY BROMPTON**

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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